

Camp Lunch Program

\$7 per child | \$8 for larger entree option | Drink, side, and an entrée included. This service is an optional add-on. You may also send your child to camp with a nut-free packed lunch.

Menu options

	Monday	Tuesday	Wednesday	Thursday	Friday
Odd weeks 1, 3, 5, 7, 9, 11	Mac & Cheese	Corn Dog	Ham & Cheese Sandwich	Grilled Cheese	Mini Pizzas
Even weeks 2, 4, 6, 8, 10, 12	Quesadilla	Turkey & Cheese Sandwich	Hot Dog	Chicken Tenders	Teriyaki Chicken Bowl

Add-On Programming Opportunities

This year's summer camp program offers the following 2-3 week elective add-on classes. Full description of programming available at <http://miramontlifestyle.com/swim-lessons/> and <http://miramontlifestyle.com/junior-tennis/>.

Add-On Session Dates

Swimming

- Session 1 June 5 -14
- Session 2 June 19 - 28
- Session 3 July 5 - 12 *prorated
- Session 4 July 17 - 26
- Session 5 July 31 - August 9

Tennis

- Session 1 June 6 - 22
- Session 2 June 27 - July 13 *prorated
- Session 3 July 18 - August 3
- Session 4 August 8 - 17 *prorated



Add-On Class Options

Tennis Lessons with a Tennis Pro

Level 1 | Tiny Tots | 5 years | Camp capacity 6
 Tuesday / Thursday 8:30 - 9:00 am Tennis Member \$66 | Non-Tennis Member \$96

Level 2 | Beginner | 6 - 8 years | Camp capacity 6
 Tuesday / Thursday 9:00 - 10:00 am Tennis Member \$96 | Non-Tennis Member \$126

Level 3 | Intermediate | 10 & under | Camp capacity 6
 Tuesday / Thursday 8:30 - 10:00 am Tennis Member \$144 | Non-Tennis Member \$174

Swimming Lessons with an Aquatics Instructor

Level 2 | Camp capacity 12
 Monday / Wednesday 10:00 - 10:30 am Members \$40 Non-Members \$50

Level 3 | Camp capacity 12
 Monday / Wednesday 10:00 - 10:30 am Members \$40 Non-Members \$50

Level 4/5 | Camp capacity 12
 Monday / Wednesday 10:00 - 10:30 am Members \$40 Non-Members \$50



www.miramontlifestyle.com

Sports Camp at Miramont!

Weekly Themes | Teams of 15:2 | Field trips



MIRAMONT
LIFESTYLE FITNESS



Mon - Fri | 7:30 am - 6:00 pm

Sports Camp Coordinator, Vincent Hauser
 Direct Line: 970.829.8555
 vhauser@miramontlifestyle.com

Unique themes each week!

All about Sports Camp at Miramont!

Location Miramont South | 901 Oakridge Drive
Hours Monday - Friday | 7:30 am - 6:00 pm

Camp Dates

Week 1 May 30 - June 2
 Week 2 June 5 - 9
 Week 3 June 12 - 16
 Week 4 June 19 - 23
 Week 5 June 26 - 30
 Week 6 July 5 - 7
 Week 7 July 10 - 14
 Week 8 July 17 - 21
 Week 9 July 24 - 28
 Week 10 July 31 - August 4
 Week 11 August 7 - 11
 Week 12 August 14 - 18

Theme of the Week

Summer week
 World Travel week
 Colorado Sports week
 Nature week
 Rainforest week
 USA week
 Magic week
 Music week
 Christmas in July
 Movie week
 Ocean week
 Spirit week

Field Trip

Chipper's Lanes
 Spring Canyon Park
 Roller Skating at Qdoba Events Center
 Hiking at Horsetooth
 Spring Creek Gardens
 Fossil Creek Park
 Loveland Laser Tag
 Fly High Trampoline Park
 Edora Park and Frolf
 Cinema Saver
 City Park Pool
 Fort Collins Discovery Museum

This summer, Miramont's Sports Camp will visit a unique theme each week! Whether it's travelling the world, celebrating a Colorado Avalanche Stanley Cup victory, or getting silly in our Spirit Week, each theme is guaranteed to be a blast!

Camp Goals

1. To engage, energize, and inspire children to be active.
2. To foster personal character development, respect for others and build competent, capable problem solvers.
3. To cultivate positive self-talk within our campers.
4. To develop skills in sports-specific areas and to have FUN!

Day Camp Counselors

We feel confident we have the best team around! The majority of our team comes from local universities with backgrounds in Recreation, Education, Fine Arts, Psychology, Sociology, Business, Health and Exercise Science, and other diverse fields of study. Most importantly, our team is made up of individuals who LOVE kids! They want to spend their time playing, teaching, and working with children. All Miramont Camp Team members have completed extensive background checks, are certified in basic First Aid and CPR, and receive extensive training prior to the start of camp. Rest assured, we hire the best of the best to work with your children.

Ratios

To maximize the learning experience and to maintain a safe environment, Miramont ensures sufficient staff-to-camper ratios. Campers will be assigned a camp team with a 15:2 camper to counselor ratio.

What to Expect

Children enrolled in Sports Camp spend approximately three hours daily in sport-focused "Learn to Play Workshops". The remainder of their time is spent engaged in other activities like arts and crafts, swimming, Kids Yoga, Improv, Character First Workshops, rock-climbing, and local field trips. Miramont's Sports Camp is designed for children between the ages of 5 and 12.



Miramont's Youth Character CORE Program

Miramont utilizes Character CORE's Youth Curriculum which emphasizes the development of the whole child within their environment to help them grow physically, mentally, and socially. Every week, campers will spend time in their groups examining prepared lessons that promote integrity and character development. Each week's character trait is then woven into and reemphasized throughout the activities included in camp.

Improv - Let's Play

Miramont's Improv- Let's Play program is a fun, dynamic piece of the camp experience. Each week campers will attend an "Improv" class where they can be silly and fun while learning the important skill of thinking on their feet, relishing the spotlight, and most importantly having the humility to laugh at oneself!

Fun with Food

Miramont's Fun with Food program is designed to teach children about healthy food choices! This summer's cookbook is guaranteed to be the most delicious yet!

Dates / Cost	Member	Non - Member
M - F	\$235	\$255
M / W / F	\$162	\$171
T / TH	\$118	\$128
Single Day	\$59	\$64

\$65 Registration fee per family Miramont Summer Camp t-shirt and AM/PM snack included

When enrolling 2 or more siblings at the same time, receive a 5% discount off all items at check out.

Registration

- Full Week enrollment Opens January 9
- M/W/F or T/TH enrollment Opens February 6
- Customized enrollment Opens March 6
- Registration fee increases to \$80 after April 3

Payment Plan Options

- January 9 Payment Plans | Open to families that will be attending 6 or more weeks of full week enrollment
- February 6 Payment Plans | Also open to families that will be attending 8 or more weeks of M/W/F or T/TH enrollment
- To enroll in camp with a payment plan option, please visit <http://miramontparties.simplybook.me/sheduler/manage> to schedule a time to complete a payment plan at the Miramont South location

Visit www.miramontlifestyle.com | Click "Member Login" or call Vincent Hauser, Sports Camp Coordinator, at 970.829.8555 to register.

