

AQUATICS schedule

SOUTH - December 2016

Outdoor Pool

MONDAY			
CLASS	POOL	TIME	INSTRUCTOR
Masters' Swim	C	6:00a-7:00a	Tony
Lap Swim	L	7:00a-12:00p	
Masters Lite	C	12:00p-1:00p	Tony
Lap Swim	L	1:00p-6:00p	

TUESDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	7:00a-6:15p	
Masters Lite	C	6:15p-7:15p	Tony

WEDNESDAY			
CLASS	POOL	TIME	INSTRUCTOR
Masters' Swim	C	6:00a-7:00a	Tony
Lap Swim	L	7:00a-12:00p	
SwimFit	C	12:00p-1:00p	Tony
Lap Swim	L	1:00p-6:00p	

THURSDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	7:00a-6:15p	
Masters Lite	C	6:15p-7:15p	Tony

FRIDAY			
CLASS	POOL	TIME	INSTRUCTOR
Masters' Swim	C	6:00a-7:00a	Tony
Lap Swim	L	7:00a-6:00p	
Masters' Lite	C	12:00p-1:00p	Tony
Lap Swim	L	1:00p-6:00p	

SATURDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	7:00a-6:00p	

SUNDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	7:00a-6:00p	

Outdoor pool hours are 7:00am-6:00pm every day

KEY

L = Lap swimming
C = Class held indoors in case of inclement weather

There will be no water fitness classes on Christmas Eve or Christmas Day. Happy holidays!

Lanes may be shared with private swim lessons during Lap Swim.

In the event of inclement weather, Masters and Masters Lite will be held in the indoor pool.

AQUATICS Schedule

SOUTH - December 2016 Indoor Pool

MONDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	5:00a-7:00a	
Deep H2O Power	C	7:00a-8:00a	Marcia
Lap Swim	L	8:00a-9:00a	
AquaFit	C	9:00a-10:00a	Marcia
Lap Swim	L	10:00a-12:00p	
Masters Lite	C	12:00p-1:00p	Tony
Lap Swim	L	1:00p-2:00p	
Silver Splash	C	2:00p-3:00p	Marcia
Lap Swim	L	3:00p-4:10p	
Swim Lessons*	C	4:10p-5:15p	
Swim Team	C	5:15p-6:15p	
Lap Swim	L	6:15p-10:00p	
TUESDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	5:00a-7:00a	
Deep H2O Power	C	7:00a-8:00a	Melissa
AquaFit	C	8:00a-9:00a	Pam
Silver Splash	C	9:00a-10:00a	Pam
Lap Swim	L	10:00a-4:15p	
Swim Team	C	4:15p-6:15p	
Masters Lite	C	6:15p-7:15p	Tony
Lap Swim	L	7:15p-10:00p	
WEDNESDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	5:00a-7:00a	
Deep H2O Power	C	7:00a-8:00a	Marcia
Lap Swim	L	8:00a-9:00a	
AquaFit	C	9:00a-10:00a	Marcia
Lap Swim	L	10:00a-12:00p	
Swim Lessons	W	10:00a-10:30a	
SwimFit	C	12:00p-1:00p	Tony
Lap Swim	L	1:00p-2:00p	
Silver Splash	C	2:00p-3:00p	Marcia
Lap Swim	L	3:00p-4:10p	
Swim Lessons*	C	4:10p-5:15p	
Swim Team	C	5:15p-6:15p	
Aqua Boot Camp	C	6:15p-7:15p	Marcia
Lap Swim	L	7:15p-10:00p	

THURSDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	5:00a-8:00a	
AquaFit	C	8:00a-9:00a	Pam
Silver Splash	C	9:00a-10:00a	Pam
Lap Swim	L	10:00a-4:15p	
Swim Team	C	4:15p-6:15p	
Masters Lite	C	6:15p-7:15p	Tony
Lap Swim	L	7:15p-10:00p	
FRIDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	5:00a-7:00a	
Deep H2O Power	C	7:00a-8:00a	Kelsey
Lap Swim	L	8:00a-9:00a	
Aqua Intervals	C	9:00a-10:00a	Melissa
Lap Swim	L	10:00a-12:00p	
Masters' Lite	C	12:00p-1:00p	Tony
Lap Swim	L	1:00p-2:00p	
Silver Splash	C	2:00p-3:00p	Marcia
Lap Swim	L	3:00p-5:15p	
Swim Team	C	5:15p-6:15p	
Lap Swim	L	6:15p-10:00p	
SATURDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	6:00a-8:00a	
SwimFit	C	8:00a-9:00a	Tony
AquaFit	C	9:00a-10:00a	Marcia
Swim Lessons	C	10:00-11:05a	
Lap Swim	L	11:05a-9:00p	
SUNDAY			
CLASS	POOL	TIME	INSTRUCTOR
Lap Swim	L	7:00a-9:00p	

KEY

C = Pool closed for class
L = Lap swimming, the well is available for open swim
C = Class held indoors in case of inclement weather
W = Swim lessons will be held in swimming well

***After Dec 17, there will be no Mon/Wed 4:10 Swim Lessons. Lap Swim will go until 5:15.**

There will be no water fitness classes on Christmas Eve or Christmas Day. Happy Holidays!

Lap lanes may be shared with private swim lessons.