Camp Lunch Program
$7 per child | $8 for larger entree option | Drink, side, and an entrée included. This service is an optional add-on.
You may also send your child to camp with a nut-free packed lunch.

Menu options

	Monday	Tuesday	Wednesday	Thursday	Friday
Odd weeks 1, 3, 5, 7, 9, 11	Mac & Cheese	Corn Dog	Ham & Cheese Sandwich	Grilled Cheese	Mini Pizzas
Even weeks 2, 4, 6, 8, 10, 12	Quesadilla	Turkey & Cheese Sandwich	Hot Dog	Chicken Tenders	Teriyaki Chicken Bowl

Add-On Programming Opportunities

This year's summer camp program offers the following 2-3 week elective add-on classes. Full description of programming available at http://miramontlifestyle.com/swim-lessons/ and http://miramontlifestyle.com/junior-tennis/.

Add-On Session Dates

Swimming

Session 1	June 5 -14
Session 2	June 19 - 28
Session 3	July 5 - 12 *prorated
Session 4	July 17 - 26
Session 5	July 31 - August 9

Tennis

Session 1	June 6 - 22
Session 2	June 27 - July 13 *prorated
Session 3	July 18 - August 3
Session 4	August 8 - 17 *prorated

Add-On Class Options

Tennis Lessons with a Tennis Pro

Level 1 | Tiny Tots | 5 years | Camp capacity 6
Tuesday / Thursday 8:30 - 9:00 am Tennis Member $66 | Non-Tennis Member $96

Level 2 | Beginner | 6 - 8 years | Camp capacity 6
Tuesday / Thursday 9:00 - 10:00 am Tennis Member $96 | Non-Tennis Member $126

Level 3 | Intermediate | 10 & under | Camp capacity 6
Tuesday / Thursday 8:30 - 10:00 am Tennis Member $144 | Non-Tennis Member $174

Swimming Lessons with an Aquatics Instructor

Level 2 | Camp capacity 12
Monday / Wednesday 10:00 - 10:30 am Members $40 Non-Members $50

Level 3 | Camp capacity 12
Monday / Wednesday 10:00 - 10:30 am Members $40 Non-Members $50

Level 4/5 | Camp capacity 12
Monday / Wednesday 10:00 - 10:30 am Members $40 Non-Members $50

www.miramontlifestyle.com

Sports Camp at Miramont!

Weekly Themes | Teams of 15:2 | Field trips

MIRAMONT
LIFESTYLE FITNESS

Mon - Fri | 7:30 am - 6:00 pm

Unique themes each week!

Sports Camp Coordinator, Vincent Hauser
Direct Line: 970.829.8555
vhauser@miramontlifestyle.com

All about Sports Camp at Miramont!

Location Miramont South | 901 Oakridge Drive
Hours Monday - Friday | 7:30 am - 6:00 pm

Camp Dates		Theme of the Week	Field Trip
Week 1	May 30 - June 2	Summer week	Chipper's Lanes
Week 2	June 5 - 9	World Travel week	Spring Canyon Park
Week 3	June 12 -16	Colorado Sports week	Roller Skating at Qdoba Events Center
Week 4	June 19 - 23	Nature week	Hiking at Horsetooth
Week 5	June 26 - 30	Rainforest week	Spring Creek Gardens
Week 6	July 5 - 7	USA week	Fossil Creek Park
Week 7	July 10 -14	Magic week	Loveland Laser Tag
Week 8	July 17 - 21	Music week	Fly High Trampoline Park
Week 9	July 24 - 28	Christmas in July	Edora Park and Frolf
Week 10	July 31 - August 4	Movie week	Cinema Saver
Week 11	August 7 - 11	Ocean week	City Park Pool
Week 12	August 14 -18	Spirit week	Fort Collins Discovery Museum

This summer, Miramont's Sports Camp will visit a unique theme each week! Whether it's travelling the world, celebrating a Colorado Avalanche Stanley Cup victory, or getting silly in our Spirit Week, each theme is guaranteed to be a blast!

Camp Goals
1. To engage, energize, and inspire children to be active.
2. To foster personal character development, respect for others and build competent, capable problem solvers.
3. To cultivate positive self-talk within our campers.
4. To develop skills in sports-specific areas and to have FUN!

Day Camp Counselors
We feel confident we have the best team around! The majority of our team comes from local universities with backgrounds in Recreation, Education, Fine Arts, Psychology, Sociology, Business, Health and Exercise Science, and other diverse fields of study. Most importantly, our team is made up of individuals who LOVE kids! They want to spend their time playing, teaching, and working with children. All Miramont Camp Team members have completed extensive background checks, are certified in basic First Aid and CPR, and receive extensive training prior to the start of camp. Rest assured, we hire the best of the best to work with your children.

Ratios
To maximize the learning experience and to maintain a safe environment, Miramont ensures sufficient staff-to-camper ratios. Campers will be assigned a camp team with a 15:2 camper to counselor ratio.

What to Expect
Children enrolled in Sports Camp spend approximately three hours daily in sport-focused "Learn to Play Workshops". The remainder of their time is spent engaged in other activities like arts and crafts, swimming, Kids Yoga, Improv, Character First Workshops, rock-climbing, and local field trips. Miramont's Sports Camp is designed for children between the ages of 5 and 12.

Camp Activities
Daily Open Swim utilizing the outdoor pool facility
Weekly themed art education activities
NEW | Choice period | Campfire | Group Flash Challenges

Sport Education Activities
Basketball | Soccer | Softball | Floor Hockey | Rock Climbing | Volleyball
Kids Move | Flag Football | Ultimate Frisbee | Lacrosse | Yoga | Tennis
Balanced Kids classes | Improv classes

Miramont's Youth Character CORE Program
Miramont utilizes Character CORE's Youth Curriculum which emphasizes the development of the whole child within their environment to help them grow physically, mentally, and socially. Every week, campers will spend time in their groups examining prepared lessons that promote integrity and character development. Each week's character trait is then woven into and reemphasized throughout the activities included in camp.

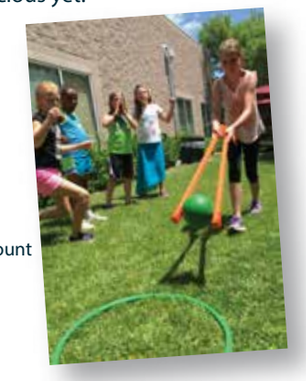
Improv - Let's Play
Miramont's Improv- Let's Play program is a fun, dynamic piece of the camp experience. Each week campers will attend an "Improv" class where they can be silly and fun while learning the important skill of thinking on their feet, relishing the spotlight, and most importantly having the humility to laugh at oneself!

Fun with Food
Miramont's Fun with Food program is designed to teach children about healthy food choices!
This summer's cookbook is guaranteed to be the most delicious yet!

Dates / Cost	Member	Non - Member
M - F	$235	$255
M / W / F	$162	$171
T / TH	$118	$128
Single Day	$59	$64

$65 Registration fee per family Miramont Summer Camp t-shirt and AM/PM snack included

When enrolling 2 or more siblings at the same time, receive a 5% discount off all items at check out.



Registration
- **Full Week enrollment** — **Opens January 9**
- **M/W/F or T/TH enrollment** — **Opens February 6**
- **Customized enrollment** — **Opens March 6**
- **Registration fee increases to $80 after April 3**

Payment Plan Options
- January 9 Payment Plans | Open to families that will be attending 6 or more weeks of full week enrollment
- February 6 Payment Plans | Also open to families that will be attending 8 or more weeks of M/W/F or T/TH enrollment
- To enroll in camp with a payment plan option, please visit http://miramontparties.simplybook.me/sheduler/manage to schedule a time to complete a payment plan at the Miramont South location

Visit www.miramontlifestyle.com | Click "Member Login" or call Vincent Hauser, Sports Camp Coordinator, at 970.829.8555 to register.