




Miramont Tennis Calendar | March 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|--|---|---|
| | | | <p>1 Cardio Tennis 12:00 - 1:00 pm Get in the Game 12:30 - 2:00 pm Tennis Fitness Training 5:30 - 6:30 pm</p> | <p>2 Stroke of the Week 12:00 - 1:00 pm Serves and Returns Tennis Fitness Training 7:00 - 7:30 am</p> | <p>3 Cardio Tennis 8:00 - 9:00 am Juniors Tennis Games and Pizza Night 5:30 - 7:00 pm</p> | <p>4 Get in the Game 2:30 - 4:00 pm Saturday Night Mixed-up Doubles 5:30 - 7:00 pm Shake the Flakes 7:00 - 9:00 pm</p> |
| <p>5 Junior USTA Play Day 11:00 am -12:00 pm</p> | <p>6 CMEC Chris Burge Tennis Classic Registration begins</p> | <p>7 Early Bird 3.0-3.5 6:00 - 7:30 am Tennis Fitness Training 7:30 - 8:00 am</p> | <p>8 Cardio Tennis 12:00 - 1:00 pm Get in the Game 12:30 - 2:00 pm Tennis Fitness Training 5:30 - 6:30 pm</p> | <p>9 Stroke of the Week 12:00 -1:00 pm Volleys Tennis Fitness Training 7:00 - 7:30 am</p> | <p>10 Cardio Tennis 8:00 - 9:00 am Friday Night Mixed-up Doubles 5:30 - 7:00 pm</p> | <p>11 Shake the Flakes 7:00 - 9:00 pm</p> |
| <p>12 Junior USTA Play Day 11:00 am -12:00 pm Daylight Saving Time Begins</p> | <p>13 No Adult or Junior Tennis Classes held</p> | <p>14 No Adult or Junior Tennis Classes held</p> | <p>15 No Adult or Junior Tennis Classes held</p> | <p>16 No Adult or Junior Tennis Classes held</p> | <p>17 No Adult or Junior Tennis Classes held</p>  | <p>18 No Adult or Junior Tennis Classes held</p> |
| <p>19 No Adult or Junior Tennis Classes held</p> | <p>20 First Day of Spring</p> | <p>21 Early Bird 3.0-3.5 6:00 - 7:30 am Tennis Fitness Training 7:30 - 8:00 am</p> | <p>22 Cardio Tennis 12:00 - 1:00 pm Get in the Game 12:30 - 2:00 pm Tennis Fitness Training 5:30 - 6:30 pm</p> | <p>23 Stroke of the Week 12:00 -1:00 pm Overheads/Lobs Tennis Fitness Training 7:00 - 7:30 am</p> | <p>24 Cardio Tennis 8:00 - 9:00 am Juniors Tennis Games and Pizza Night 5:30 - 7:00 pm</p> | <p>25 Get in the Game 2:30 - 4:00 pm Saturday Night Mixed-up Doubles 5:30 - 7:00 pm Shake the Flakes 7:00 - 9:00 pm</p> |
| <p>26 Junior USTA Play Day 11:00 am -12:00 pm</p> | <p>27</p> | <p>28 Early Bird 3.0-3.5 6:00 - 7:30 am Tennis Fitness Training 7:30 - 8:00 am</p> | <p>29 Cardio Tennis 12:00 - 1:00 pm Get in the Game 12:30 - 2:00 pm Tennis Fitness Training 5:30 - 6:30 pm</p> | <p>30 Stroke of the Week 12:00 -1:00 pm Approach/Transition Shots Tennis Fitness Training 7:00 - 7:30 am</p> | <p>31 Cardio Tennis 8:00 - 9:00 am Friday Night Mixed-up Doubles 5:30 - 7:00 pm</p> | |